

# YWCA Sexual Assault Program

## Stepping Stones

### RAPE CRISIS VOLUNTEER TRAINING

YWCA Stepping Stones Sexual Assault Program is offering 40-hour volunteer training for those who wish to provide crisis intervention to sexual assault survivors.

#### Fall Training Schedule

Every Monday & Wednesday

October 21 - November 13

6 pm - 9 pm

Saturdays

October 26 & November 16

9 am - 5 pm

*All trainings will be held at YWCA McLean County, 1201 N. Hershey Rd. in Bloomington (lower level entrance).*

#### Volunteer Duties

Confidentiality is REQUIRED! After completing the 40-hour training, volunteers will carry a pager and must be on call for one shift a month. Shift options include:

- 4 pm Monday to 4 pm Wednesday\*\*
- 4 pm Wednesday to 4 pm Friday\*\*
- 4 pm Friday to 4 pm Monday\*\*

Crisis intervention means possibly speaking with a victim/survivor on the phone or providing support at the hospital or police department.

\*\*Volunteers must have their pager on during the entire time they are on-call; volunteers will respond to calls between 4 pm and 8 am and on weekends. Paid staff respond to crisis calls during business hours M-F between 8 am and 4pm.

#### Training Overview

The volunteer training covers types of sexual violence, rape trauma syndrome, crisis intervention techniques, listening/communication skills, medical and legal advocacy, psychology of sexual violence and information about community partners providing different levels of assistance to survivors.

#### Get Involved

If you are interested, please fill out an application and submit to Elizabeth Rardin at the YWCA address above. You will be contacted to schedule an orientation/interview once the form is received. **Applications are due no later than October 11 by 3 pm.** Call Elizabeth Rardin at (309) 662-0461 ext. 286 or email [erardin@ywcamclean.org](mailto:erardin@ywcamclean.org).

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empowering women  
**ywca**

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